

# Forge Wood Primary School

## Sports Week 2018

### Aspire • Explore • Achieve



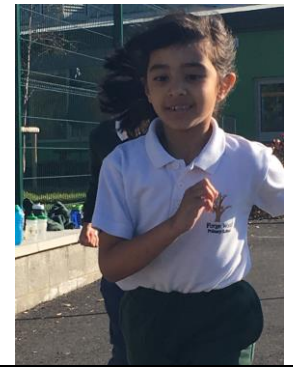
Dear Parents, Carers and Children,

From climbing to cycling and tag rugby to tennis, all the children developed their sports skills, teamwork and their resilience. Despite a few initial nerves, we saw children scaling the climbing wall, throwing further than ever before and scoring in netball, showing their ability to take risks, keep trying and achieve their goals. The week started with basketball and a visit from the high jumper, Mike Edwards to inspire the children to greatness. Throughout the week, the children took part in a daily mile run, learnt to play new games, such as ultimate Frisbee, and learnt about teamwork and sportsmanship in a musical assembly delivered by the very



talented Ollie Heath. At the end of the week, we learnt about how to be healthy and reflected upon our experiences and triumphs, coming together on Friday afternoon for a special celebration assembly.

Mrs Holman, Deputy Headteacher



#### Year One Sports Week

What fantastic week of sport we had! We put all our school values into practice. "I was reflective and resilient. When I tried to do the daily mile on the first day, I couldn't do it because I went to fast but on Thursday I managed it!" Lucas



#### Year Two Sports Week

Otter class had a brilliant Sports Week and thoroughly enjoyed taking part in lots of different activities. They became risk takers when they attempted to climb the huge climbing wall with many reaching the top. Team work was shown in all sports especially when working with the younger children who they helped and demonstrated what to do. They learnt new skills when riding their bikes and developed skills in rugby, tennis, netball and basketball.

Ultimate Frisbee was a new sport for many of the children who tried hard to control their Frisbee even with the wind trying to work against them. They ended the week thinking about how food can also help them to stay healthy and created hummus from scratch with carrot and cucumber sticks that they had peeled and sliced. The children used all their knowledge from the week to create exceptional leaflets promoting the benefits of exercise. What an exciting and eventful week Otter class had!



If you have any concerns, comments or questions, please always contact your child's teacher, Miss Newton or Mrs Holman, either in the playground, or via the school office on or email [info@forgewoodschool.org](mailto:info@forgewoodschool.org) (office)

## Reception Sports Week

Reception children thoroughly enjoyed sports week, they persevered and gave each activity a good go!



Thank you to all the volunteers, groups, clubs and athletes who made our week inspirational, challenging and a fantastic success.

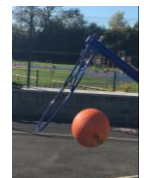
We would like to say a big thank you to.....

Crawley Rugby Club for the great session and the medals for all the children.

<http://www.crawleyrfc.com/>



Olivia Maidmain for giving up her time to give the children their first netball taster session



Crawley Lawn Tennis Club for delivering Ultimate Frisbee and basketball

<http://www.ctcommunityfoundation.com/>



Crawley Lawn Tennis Club

<https://clubspark.lta.org.uk/crawleylawntennisclub>

Ollie Heath



Please contact the groups and clubs directly or the school office for more information on any of the above.

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